

PLATINUM Health & Wellness Package

Package Price: AED 5,990

SERVICE DESCRIPTION

CONSULTATIONS

- Consultation with Internal Medicine Consultant / Family Medicine consultant
- Follow Up Consultation with the same physician

ROUTINE INVESTIGATIONS

- BMI/BMR
- Vital Signs – BP, Pulse, Body Temp, Weight and Height

LAB INVESTIGATIONS

- Complete Blood Count (CBC)
- Urine analysis
- Albumin/Creatinine Ratio (Microalbumin) random urine
- Stool Analysis
- Lipid Profile (Cholesterol, Triglycerides, VLDL, HDL, LDL, non HDL)
- Homocysteine (Hallmark of remethylation inherited disorders)

New Guidelines Extended Tests

- Apolipoprotein B
- Lipoprotein a
- Apolipoprotein A1

Diabetes screening and insulin Resistance

- Fasting Blood Glucose
- Fasting Insulin
- HOMA Index
- HbA1C

Comprehensive Metabolic panel

- Liver Function Test (ALT, AST, ALP, GGT, Bilirubin total, Bilirubin Direct, Bilirubin indirect, Albumin, Globulin, A/G ratio)
- Kidney Function Test (Creatinine, eGFR, Urea, BUN, Serum calcium, Phosphorus, Uric acid)
- Electrolytes (Na, K, Cl, serum CO₂)
- Pancreatic Function Test: Serum Amylase and Lipase

Thyroid Function Tests

- TSH
- FREE T3
- FREE T4

Iron Studies

- Serum Iron
- TIBC
- Ferritin
- Transferrin Saturation

Critical Vitamin Testing

- Vitamin D (25 OH)
- Vitamin B12
- Vitamin B9 (Folate)

Minerals: Magnesium and Zinc

CANCER SCREENING

Colon Cancer Screening

- Fecal occult blood in stool

Prostate Cancer Screening for men

- Serum PSA

Cancer screening for women if required

- Pap Smear
- Mammogram or Breast Ultrasound (Age Dependant as per guidelines)

PROCEDURE & RADIOLOGY

- ECG
- Chest X-Ray
- Ultrasound Abdomen/Pelvis
- Body Fat Analysis
- Q Risk – Cardiovascular Risk Assessment
- Pulmonary Function Test (Spirometry) lung capacity
- Cardiac Stress Test under Cardiologist supervision
- Ultrasound Screening for Abdominal Aortic Aneurysm
- Carotid Doppler Ultrasound

REPORTING

- Final Report containing medical report, test results and copies of any scans undertaken

- Additional: (Golden plus the below)
- Albumin/Creatinine Ratio (Microalbumin) random urine
- Apolipoprotein A1
- Magnesium and Zinc
- Carotid Doppler Ultrasound