

ELITE Health & Wellness Package

Package Price: AED 17,950

SERVICE DESCRIPTION

CONSULTATIONS

- Consultation with Internal Medicine Consultant / Family Medicine consultant
- Follow Up Consultation with the same physician
- Nutrition & Lifestyle Consultation
- Consultations with all specialities if needed (Customization possible for specific health concerns; Pulmonology, Rheumatology, Allergy and Immunology, Cardiology, Gastroenterology)

ROUTINE INVESTIGATIONS

- BMI/BMR
- Vital Signs - BP, Pulse, Body Temp, Weight and Height

LAB INVESTIGATIONS

- Complete Blood Count (CBC)
- Urine analysis
- Albumin/Creatinine Ratio (Microalbumin) random urine
- Stool Analysis
- Lipid Profile (Cholesterol, Triglycerides, VLDL, HDL, LDL, non HDL)
- Homocysteine (Hallmark of remethylation inherited disorders)
- CRP High Sensitive

▪ New Guidelines Extended Tests

- Apolipoprotein B
- Lipoprotein a
- Apolipoprotein A1

▪ Diabetes screening and insulin Resistance

- Fasting Blood Glucose
- Fasting Insulin
- HOMA Index
- HbA1C

▪ Comprehensive Metabolic panel

- Liver Function Test (ALT, AST, ALP, GGT, Bilirubin total, Bilirubin Direct, Bilirubin indirect, Albumin, Globulin, A/G ratio)
- Kidney Function Test (Creatinine, eGFR, Urea, BUN, Serum calcium, Phosphorus, Uric acid)
- Electrolytes (Na, K, Cl, serum CO₂)
- Pancreatic Function Test: Serum Amylase and Lipase

▪ Thyroid Function Tests

- TSH
- FREE T3
- FREE T4

▪ Thyroid antibodies (Anti TPO, Anti TG)

▪ Iron Studies

- Serum Iron
- TIBC
- Ferritin
- Transferrin Saturation

▪ Critical Vitamin Testing

- Vitamin D (25 OH)
- Vitamin B12
- Vitamin B9 (Folate)

▪ Minerals: Magnesium and Zinc

▪ Hormonal profile:

- Hormonal Panel for Male (FSH, LH, DHEAS, Testosterone (total, free), SHBG, Estrogen, Prolactin)
- Hormonal Panel for Female (FSH, LH, DHEAS, Testosterone (total, free), SHBG, Estrogen, progesterone, Prolactin)

▪ Helicobacter Pylori infection (H.Pylori Antigen in stool)

▪ Infectious Disease Screening (HIV, Hepatitis B & C, Syphilis)

- HIV Abs +P24, HBsAg, HCV Ab, RPR

CANCER SCREENING

▪ Colon Cancer Screening

- Fecal occult blood in stool

▪ Prostate Cancer Screening for men

- Serum PSA
- Prostate ultrasound and rectal examination by a Urologist

▪ Cancer screening for women if required

- Pap Smear
- Mammogram or Breast Ultrasound (Age Dependant as per guidelines)

▪ Tumor markers: CEA, CA 199, CA125, C 15.3

▪ Cancer genetic testing (BRCA1, BRCA 2 and 38 genes)

SPECIAL INVESTIGATIONS

- Gut Microbiome Analysis (GI map Wellness)
- DNA core (Comprehensive Genetic testing)
- Skin mole mapping (Dermoscopic analysis)

PROCEDURE & RADIOLOGY

- ECG
- Chest X-Ray
- Ultrasound Abdomen/Pelvis/Thyroid
- Body Fat Analysis
- Q Risk - Cardiovascular Risk Assessment
- Pulmonary Function Test (Spirometry) lung capacity
- Cardiac Stress Test under Cardiologist supervision
- Ultrasound Screening for Abdominal Aortic Aneurysm
- Carotid Doppler Ultrasound
- Coronary Calcium Score (CT Scan for Heart Disease Risk)
- Bone Density Scan (DEXA) for Osteoporosis
- Whole-Body MRI
- Echocardiography
- Liver Fibroscan (Non-Invasive Liver Health Assessment)

REPORTING

- Final Report containing medical report, test results and copies of any scans undertaken

- Additional: (Diamond plus the below)
- Consultations with all specialities if needed (Customization possible for specific health concerns; Pulmonology, Rheumatology, Allergy and Immunology, Cardiology, Gastroenterology)
- Thyroid antibodies (Anti TPO, Anti TG)
- Infectious Disease Screening (HIV, Hepatitis B & C, Syphilis)
- HIV Abs +P24, HBsAg, HCV Ab, RPR
- Tumor markers: CEA, CA 199, CA125, C 15.3
- Prostate ultrasound and rectal examination by a Urologist
- Cancer genetic testing (BRCA1, BRCA 2 and 38 genes)
- Skin Mole mapping (Dermoscopic analysis)
- Coronary Calcium Score (CT Scan for Heart Disease Risk)
- Bone Density Scan (DEXA) for Osteoporosis
- Whole-Body MRI
- Echocardiography
- Liver Fibroscan (Non-Invasive Liver Health Assessment)

